



Cheer Consultation Package Pricing

Free Initial Consultation

Team Development Package
Stunt Package
Program Development Package
Competition Package

\$25.00/cheerleader for a 1x (up to 3 hr) clinic

Or a Package Bundle of 4

(recommended)

\$90.00/cheerleader for a 4 week clinic

Up to 3hr/week for 4 weeks

Complete Package
Includes Stunt, Program and Team packages with an upgrade option for the Competition Package add-on at a reduced rate.

\$800.00/Package

5 weeks

\$1400.00/Package

Up to 10 weeks

\$15/cheerleader add-on for Competition Package

Custom Package-Pricing will vary
Any combination of items needed



Program Specific Consulting

Specifics of each package will vary and be tailored to fit the needs of each individual cheer program or team. Length of time commitment for the Custom Package and Complete Package will be assessed at the time of Free Initial Consultation.

Lead Instructor

Jana Conrad is our lead consultant and has over 23 years of Cheerleading experience including coaching Varsity as a Nationally Competitive Level, representing Fellowship of Christian Cheerleaders as their Spiritual Life Director and lead stunt program coordinator. She has been an instructor for Able Arms since its inception, judges our annual competitions, and devotes much time towards promoting the further development and enjoyment of cheerleading in the Valley.

Supportive Staff

We have a pool of staff that we utilize under varying circumstances to assist with our consulting packages, based upon their skills and experience. We can assure you that Able Arms provides the most qualified staff available for each client. They each have over 6 years of cheerleading experience up to 10+ years experience, excel in cheerleading fundamentals and technique and have been trained in current cheerleading culture.

Resources

As a part of Able Arms' consultation packages we will tailor a reference binder of resources to fit each programs needs. Included in this information will be online tools for coaches and program directors, a compilation of local and national competitions, summer camps, clinics and events uniform and cheer gear information and team development resources including documents and forms that may be applicable to each program.

This binder of resources is included to be an ongoing tool for program directors and coaches and to serve as encouragement towards building a successful, strong, and longstanding cheer program.

Local Arizona Schools currently participating with Able Arms and/or Jana Conrad

Arizona Lutheran School

Valley Lutheran High School

Scottsdale Christian High School

Phoenix Christian High School

Northwest Christian High School

Impact Programs throughout the Valley

