

ABLE ARMS 3 DAY CAMP SCHEDULE

	DAY 1	DAY 2	DAY 3
MORNING	8:00 Devotions	8:00 Devotions	8:30 Squad Warm-up/Devotions
	8:15 Warm-up	8:15 Warm-Up	9:00 Review
	8:45 Jump Class	8:45 Cheer Class	Cheer
	9:15 Stunt/Pyramid Class	9:15 Stunt/Pyramid Class	Sideline
	10:00 Cheer Class	10:00 Fun Game	10:00 Final Review
	10:35 Fun Game	10:15 Sideline Class	
	10:45 Jump Fest	10:45 Jump Fest	10:30 Jump Fest
	11:00 Motions	11:00 Transitions	10:45 Camp Review
	11:15 Sideline Class	11:15 Stunt/Pyramid Class	Closing Remarks
	11:45 Closing Remarks	11:45 Closing Remarks	11:00 Final Awards
12:00 Dismissal	12:00 Dismissal	11:30 Dismissal	